

Camp Details:

Who: Children aged 7-13 years with handwriting difficulties.

What: - For children having trouble with: rate of print, sizing, spacing, quality of letters, inefficient pencil grasp, poor cutting skills, eye-hand coordination, and posture during school activities.

When: August 10-14, 2009
Monday - Friday
AM Camp 9am-12pm
PM Camp 1pm - 4pm

Where: Dell Children's Medical Center
Rehab Services
4900 Mueller Boulevard
Austin, Texas 78723

Cost: \$200.00

Includes daily giveaways, and recommendations to teachers and parents to further carryover skills acquired in camp.

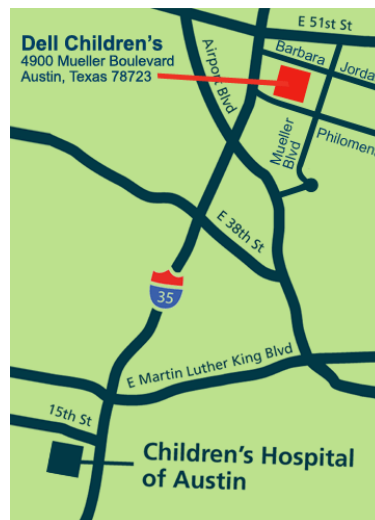


Feel free to contact us with any questions about this program and/or handwriting therapy:

Rehab Services
4900 Mueller Blvd.
Austin, TX 78723
Phone: (512) 324-0138
Fax: (512) 324-0726
www.dellchildrens.net

Dell Children's Medical
Center of Central Texas

Rehab Services
4900 Mueller Blvd.
Austin, TX 78723
Phone: (512) 324-0138
Fax: (512) 324-0726
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Driving Directions:

Dell Children's
4900 Mueller Boulevard
Austin, Texas 78723

- From north or south on IH-35, exit 51st Street.
- Drive east on 51st St
- Turn right on Mueller Blvd.
- The hospital entrance is to the right

Parking at Dell Children's:

Free surface parking is available in the parking lots at the front of the medical center on Mueller Boulevard. Valet parking is also available.



HANDWRITING CAMP



Rehab Services

August 10-14, 2009

Monday - Friday

- ◆ 9:00am- 12:00pm
- ◆ 1:00pm - 4:00pm

Handwriting evaluations and treatment are always available with Rehab Services - this is an intensive summer program.



Characteristics of Poor Fine Motor Skills:

- Avoids ordinary classroom activities like writing, art projects, and science experiments.
- Avoids the use of tools like crayons, pencils, scissors, hole punches, staplers, and tweezers
- Has poor handwriting
- Weak grasp
- Difficulty using utensils
- Is a messy eater
- Difficulty managing buttons, snaps and zippers
- Inefficient grasp on pencils, crayons, markers, etc.
- Decreased handwriting legibility.
- Writes less than 15 words per minute by 3rd grade
- Difficulty manipulating objects in hand.

How Therapy Can Help:

- Facilitate foundational hand skills
- Increase hand strength and endurance
- Increase trunk or core strength and endurance
- Teach a kinesthetic approach to handwriting (how it feels to produce a letter, rather than relying on visual input)
- Teach compensation techniques (pencil grips, lined paper, raised paper, slant boards, etc.)
- Compensate or remediate for sensory processing abilities
- Remediate visual perceptual and visual motor skills
- Develop an individualized exercise/activity program for home and school



Red Flags:

- Difficulty with letter formation
- Difficulty with sizing and spacing of letter
- Difficulty producing letters at an age appropriate rate
- Producing frequent letter reversals
- Complaints of hand fatigue
- Difficulty grading the amount of pencil pressure applied to the paper
- Poor posture/fatigue while producing handwriting
- Moving whole arm/wrist while writing rather than fingers
- Poor/ weak grip on pencil
- Low frustration tolerance for fine and visual motor activities
- Sensory processing difficulties (tactile defensiveness; auditory processing)
- Difficulty with visual motor and visual perceptual skills
- ADD and ADHD (due to sequencing difficulties)